

# Outdoor Adventures K-12 Outdoor Education Curriculum

## Overview for Decision Makers

Outdoor Adventures K-12 (OA) in-school outdoor education curriculum developed and implemented by the Outdoors Tomorrow Foundation. The course is fully aligned with national PE standards and is most often taught as a physical education class but can also be offered as an elective or agricultural science class. Students learn a comprehensive range of outdoor skills, as well as gain a thorough understanding of wildlife conservation and outdoor industry career options. Outdoor Adventures incorporates STEM components throughout, as well as lessons that incorporate writing, art, and critical thinking.

Nearly 2,000 public and private schools in 50 states and Canada are using Outdoor Adventures to change student's lives.

### Outdoor Adventures includes 40 units with 360 lessons:

- Angler education
- Archery (NASP)
- Boater education
- Hunter education
- Camping
- Orienteering and GPS
- Survival skills
- CPR
- Trip planning
- Tackle crafts/Fly tying
- Hiking
- Backpacking
- Camp cooking
- Mountain biking and mountain bike camping
- ATV safety
- Slingshots
- Paddlesports
- Wilderness medicine
- Wildlife conservation
- Quail conservation
- Cross-country skiing and snowshoeing
- Wildlife photography
- Birding
- First aid
- Challenge course
- Ice fishing
- Live trapping
- Water safety

### Elementary (K-5) OA Units:

- Hiking
- Camping/backpacking
- Survival skills
- Angler education
- Orienteering
- NASP archery
- Wildlife conservation
- Flora & fauna
- Paddlesports
- Water safety

- Complete daily plans that include SHAPE America K-12 objectives, detailed lesson plans, cardiovascular elements, writing activities, enrichment opportunities, modifications, assessments, beginning class instant activity assignments, and end-of-unit exams.
- The curriculum is delivered through Canvas and includes a complete scope, sequence, and course syllabus.
- All lessons include distance learning and enrichment activities, as well as an interactive slide deck.
- Proven to improve emotional well-being, academic achievement, attendance, and behavior.
- Provides an alternative for students not involved in athletics and other organized activities. Many competitive archery, fishing, and sporting clay teams are an outgrowth of OA classes across the country.
- Teaching students about outdoor industry career options.
- Available to all students regardless of physical ability.
- Funding may be available to help your school implement OA.