

Outdoor Adventures K-12 Outdoor Education Curriculum Overview for Decision Makers

Outdoor Adventures K-12 (OA) in-school outdoor education curriculum developed and implemented by the [Outdoors Tomorrow Foundation](#). The course may be taught as a physical education, elective, or agricultural science class. Students learn about conservation and outdoor recreation through the skills-based integrated curriculum of science, math, writing, critical thinking skills, art, and technology.

- Currently in 1,200+ public and private schools in 48 states.
- Includes 40 units with 360 lessons.
 - Angler education
 - Archery (NASP)
 - Boater education
 - Hunter education
 - Camping
 - Orienteering and GPS
 - Survival skills
 - CPR
 - Trip planning
 - Tackle crafts/Fly tying
 - Hiking
 - Backpacking
 - Camp cooking
 - Mountain biking and mountain bike camping
 - ATV safety
 - Sling shots
 - Paddle sports
 - Wilderness medicine
 - Wildlife conservation
 - Quail conservation
 - Cross country skiing and snowshoeing
 - Wildlife photography
 - Birding
 - First aid
 - Challenge course
 - Ice fishing
 - Trapping
 - Water safety
- Complete daily plans that include: NPE K-12 objectives, detailed lesson plans, cardiovascular elements, writing activities, enrichment opportunities, modifications, assessments, beginning class instant activity assignments, and end-of-unit exams.
- The curriculum is delivered through Canvas and includes complete scope, sequence, and course syllabus.
- All lessons include distance learning and enrichment activities, as well as an interactive slide deck.
- Elementary K-5 curriculum includes 8 units:
 - Hiking
 - Camping/Backpacking
 - Survival skills
 - Angler education
 - Orienteering
 - NASP archery
 - Wildlife conservation
 - Paddle sports
- Proven to improve emotional well-being, academic achievement, attendance, behavior.
- Provides an alternative for students not involved in athletics and other organized activities. Many competitive archery, fishing, and shooting teams are an outgrowth of OA classes across the country.
- Teaches students about outdoor industry career options.
- Available to all students regardless of physical ability.
- Funding may be available to help your school implement OA.

About Outdoor Adventures from the Students

A recent survey by Responsive Management (premier outdoor industry survey/analysis company) of nearly 5,000 OA students nationwide yielded these results:

- “The material covered in Outdoor Adventures cannot be found in any other class. It gives students a different view on the outdoors and teaches them how important the world around them really is,” said a student at Arlington Martin High School.
- “I have learned more about the outdoors in the first six weeks than I have known my whole life,” said a student at Stone Middle School.
- Each unit and the overall curriculum were “highly popular” with 90% of the respondents.
- 92% of students responded that the OA prepared them to hunt, fish, shoot, camp, or go boating on their own or with a family member.
- More than 90% learned “a lot” or “a little” about wildlife management, ethics, values, and wilderness stewardship.
- More importantly, pre-, and post-program survey comparisons indicated a positive shift from “good” to “excellent” when students were asked to rate their ability to participate in sports or physical activities, to develop friendships with other students, to maintain good relationships with their teachers, to stay out of trouble, and to get good grades.

For complete information see the **Outdoors Tomorrow Foundation** website: [Get Outdoor Adventures in Your School - Outdoors Tomorrow Foundation \(gootf.com\)](https://www.gootf.com)

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